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Mother Nature – Naturopathy Center

Welcome to Mother Nature Naturopathy Center – one of the oldest and acclaimed nature cure centers and holistic health retreats in Nashik.

Living in harmony with the laws of nature is the ONLY way to lead a healthy and happy life. 'Mother Nature' has the wisdom and the resources to heal your body, mind and soul. She has the power to restore your health by re-balancing your turbulent energies and bring inner peace and harmony.

Experience the gentle healing touch of Mother Nature

At Mother Nature, we help you heal your body gently and permanently using natural healing therapies and herbal remedies. Not only will this heal your body but will also rejuvenate your entire being. It will gently alleviate your suffering and make you immune to any possible diseases in future. This is particularly vital in today's COVID-ridden world.

At Mother Nature Naturopathy Center, we help people from all walks of life, circumstances, age or background to fall in tune with the innate wisdom of their body. We use the ancient healing arts of India including Ayurveda, naturopathy, yoga and meditation to bring your energies in balance.

Are you ready to embark on the journey from disease to health?

Yes, you can heal your body, mind and soul by living in harmony with Mother Nature. We are committed to help you every step of the way throughout this exciting journey.

You don't have to trust our words. Visit Mother Nature Naturopathy Center once to get a glimpse into the vast pool of natural healing options we have on offer.

Call us today for a free consultation or fix an appointment for a one-on-one session.

(About page)

About Us

Located on the outskirts of the beautiful city of Nashik, Mother Nature naturopathy center is heaven on earth for the disease-tormented souls.

Founded back in the year 1975, by Swami Acharyananda, we are one of the oldest natural healing ashrams in the country. We boast of a vast experience and a prolific history of helping people get rid of various acute as well as chronic disorders and live a healthier, happier and more meaningful life.

The lush greenery, sparkling springs and the beautiful Indian traditional architecture of the center's building instantly creates a feeling of peace and relaxation in the minds of visitors. We believe this to be the very beginning and the foundation of the healing process and take every care to keep the environment natural, clean and beautiful.

Our Vision

Our vision is to create a community that is dedicated to make our planet a better place to live. This needs every individual to take responsibility and first improve their own life. It is only then that they can help others.

We want to empower everyone who comes to us with the knowledge that Mother Nature has already given us everything we need to heal ourselves. All we have to do is to tap into those inner resources and use them for the betterment of our own life and the lives of others.

Our Mission

Our work is our worship and our mission is to serve the community to the best of our ability. We have a dedicated and loving staff that has a single focus – and that is, to help alleviate the suffering of people and make them healthy again. This mission is what drives us to stretch our limits further and help people get better.

(Services page)

Services Offered

At Mother Nature Naturopathy Center, we strongly believe that each individual is a world unto himself. The disease is only an outer expression of the imbalances in that inner world due to physical, environmental and psychological factors.

Therefore, we adopt a completely individual-based treatment approach. We treat each case as a unique health-situation and address it according to the person's past and present habits, lifestyle and currently visible symptoms.

Our whole approach is holistic and spiritual and we help you regain your inner strength and restore your natural immunity to fight any disease and undesirable life conditions.

We treat various diseases using holistic healing therapies such as:

- Ayurvedic 'Panchakarma' therapy.
- Naturopathic treatment.
- Yoga therapy.
- Traditional Indian massage therapy.
- Various meditations, mindfulness and visualization techniques.

We provide various health packages to treat various physical and psychological problems including:

- Anxiety.
- Asthma.
- Arthritis.
- Acidity.
- Depression.
- Weight loss.
- Full body detox.
- Heart conditions.
- Stress relief.
- Natural beauty treatments.
- And many more...

Please see the full list of diseases we treat at the center.